

January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 NO MEALS New Year's Day	2 Meatball sub Italian veggies Peach crisp Side salad/dressing	3 Chicken fried steak Mashed potatoes/ Gravy, Roll Green beans Peanut butter cookie	4 Chicken enchiladas Spanish rice Mexican veggies Cheese cake	5 Open pork roast sandwich, Peas Fruity pebble cookies	6
7	8 Southwest chicken Broccoli & cheese Fruit salad Cake	9 Smothered pork chops Cheesy potatoes Green beans, Roll Pudding	10 Biscuits & gravy Hash browns Fruit juice Fresh fruit	11 Spaghetti Garlic bread, Corn Side salad/dressing Cookies	12 Tuna casserole Bread & butter Peas Cake	13
14	15 NO MEALS M L King Day	16 White chili Mexican corn & cornbread Side salad/dressing Cake	17 Baked chicken Mashed potatoes Winter Blend veggies Cookies	18 Cheese burger Chips, Pasta salad Green beans Brownie	19 Lasagna Garlic bread Cauliflower Sweet treat	20
21	22 Chicken fried rice Stir fried veggies Fruit salad Cookie	23 Fish Cole slaw, Carrots Mac & cheese Jell-O	24 Ham casserole Bread & butter Green beans Cake	25 Taco burgers Side salad, Spanish rice Mexican veggies Cookies	26 Pit potato Side Salad/dressing Cherry crisp Sour cream/butter	27
28	29 Beef stew Crackers Fruit salad Cookies	30 Cheeseburger casserole Rolls & butter Green beans Jell-O salad	31 Biscuits & gravy Hash browns Fruit juice Fresh fruit			